

Archery

Archery skills are developed through individual and group participation in games and competitions.

At Camp Oconto, we strive to develop archery skills through individual instruction and group participation. As poise and skills develop in archery techniques, the camp archers participate in further competitive activities.



Health, Safety & Equipment

The directors and counsellors are well aware that the health and safety of all campers is of prime importance; from the moment they board the bus until they are returned to their parents.

Safety, not only on the waterfront, but in every activity, comes first. Counsellors are trained to think of this as their primary responsibility.

Before any activity commences safety rules are strictly observed. Two nurses are in residence over the summer and they share the medical responsibilities with our Camp Doctor.

The daily menus are planned to include large quantities of fresh fruit and vegetables, supplementing the wholesome



main courses. Only the highest quality in meats, dairy products and seasonal produce are used. A careful watch is maintained to ensure that each camper has a healthy appetite and diet. The bright dining hall, and well equipped kitchen add to the enjoyment of each meal.

All of the water in camp comes from Eagle Lake and is automatically chlorinated at source. Daily tests are made and samples are taken by the Department of Health.

The six lodges with the three craft

shops provide ample space for activities on a rainy day or in the evening. Younger campers sleep in cabins, while most of the older girls are in tents on raised wooden platforms. Most cabins have bunk beds while those in tents have conventional cots and mattresses. Showers, flush toilets, and wash tables are conveniently located around the grounds.

Sunday Programme

Sunday is a special day at Oconto. We have a sleep-in and an optional pyjama breakfast which is followed by an informal chapel service. Our camp chapel is located high on a point, overlooking Stable Bay. Campers and Counsellors work together in groups to prepare weekly services which focus on themes important to our lives together, such as friendship, nature, love, forgiving and peace. These services are non-denominational and everyone is welcome. If desired, Roman Catholics may attend Holy Mass in Sharbot Lake.

The remainder of the day is made up of time for each cabin or tent group to spend with their counsellor doing

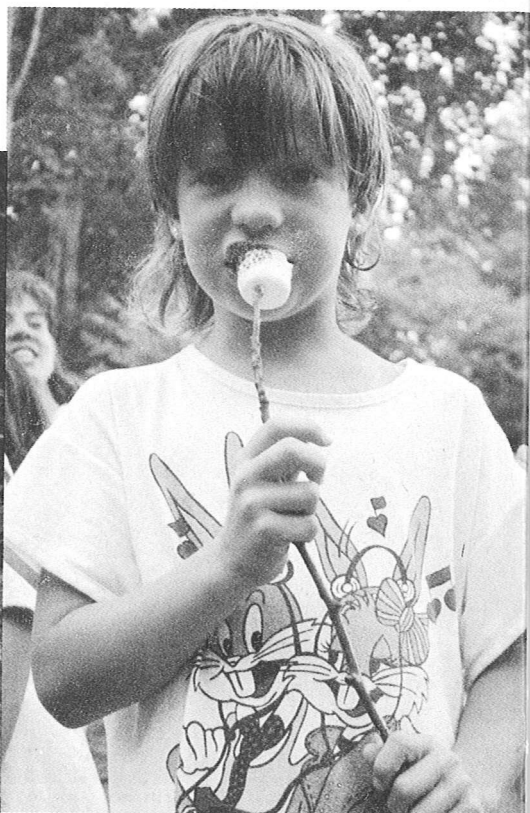


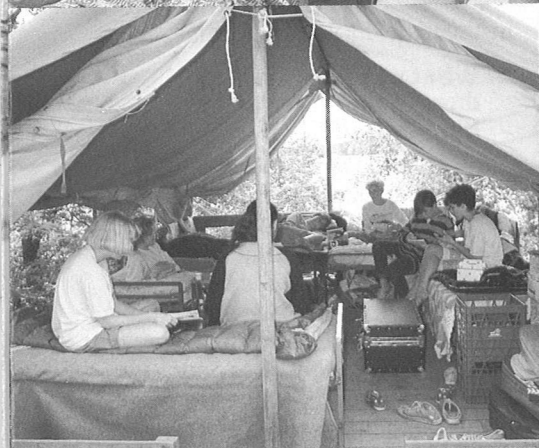
whatever activities they choose. Some Sunday afternoons are taken up by special programmes, such as swimming, canoeing, or sailing regattas as well as riding shows and competitions.

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in their minds. Every counsellor at Oconto is committed to enriching the development and growth of each individual camper. At Oconto, we strive to provide a warm and friendly atmosphere in which each child can grow to her potential – socially, mentally, emotionally, and physically under the leadership of mature staff. And of course, camp must be a happy place. Fun is a fundamental element of each and every Oconto day.





Questions Often Asked About Camp Oconto

1. We have a cottage. Why should my daughter go to camp?

Life at a cottage is great fun, but there are a number of camp experiences which offer a great deal to young people today. Camp is a true experience in group living, where girls live in groups of four or sometimes five under the leadership of a counsellor in her late teens or early twenties. Living and working so closely with peers, a girl learns to be independent, tolerant, responsible, understanding and co-operative. Also, while increasing skills by instruction from counsellors in various activities a girl gains more insight into her weaknesses and her strengths, develops a sense of sportsmanship and gains confidence in herself.

2. Do counsellors live in with their campers?

No, a group of campers live on their own with their counsellor very close by within easy calling distance. We believe this separation helps develop the life skills as discussed above. The campers aged 7 to 10 in Tad section, are all in cabins, their counsellors live in the bedroom next door. Most others are under canvas – an exciting adventure for any child.

3. What is a typical day?

7:30 – Wake up
8:00 – Flag raising and Breakfast
9:00 – Clean up
9:30 – Assembly (Sing song)
10:00-12:15 – Three 45 minute activity periods
12:15 – Free Time
12:45 – Lunch
1:30-2:45 – Rest hour

2:45-5:00 – Three afternoon activities

5:00 – Free time

5:45 – Dinner

6:45 – Evening Programme

8:00 – Tads get ready for bed followed at appropriate intervals by campers in other sections.

4. Is there much homesickness at camp?

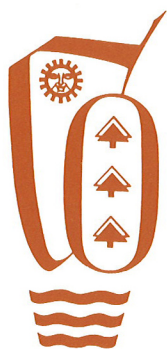
There is far less homesickness than one would imagine. As soon as a girl arrives at camp she is quickly involved with meeting new friends and participating in the program. Naturally, there is the odd case of homesickness, but in the majority of the cases, we find that such instances last a very short time.

5. What will happen if my daughter is injured or becomes ill?

A doctor and two nurses are full time staff at Oconto. All health problems are looked after by them. Any information relating to your daughter's health should be noted on the health certificate which you will receive in May. The medical staff will administer drugs and medications – all of which are kept in the camp infirmary.

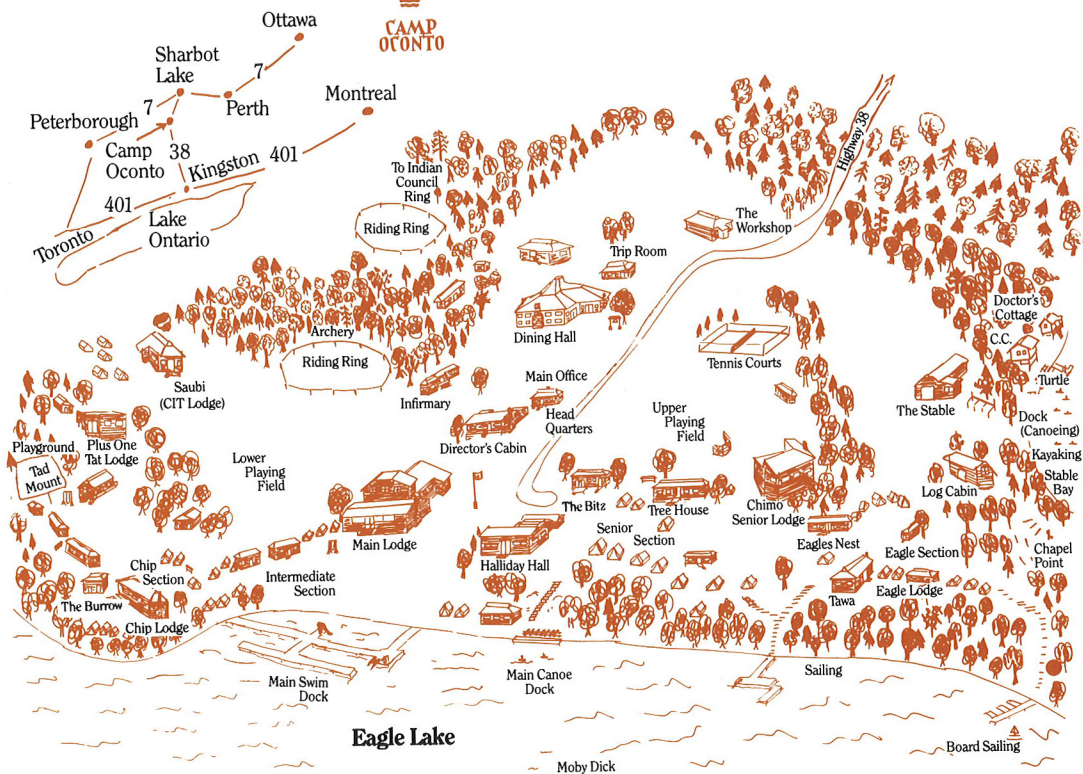
6. When is the camp uniform worn?

The Oconto yellow T-shirt is worn every day for the evening meal. The Oconto white T-shirt is worn on Sundays. Please be sure that EVERY ARTICLE of clothing is carefully labelled with your daughter's name. You can purchase laundry markers to put names on – similar to ball point pens – they are great time savers.



CAMP OCONTO

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